

# Evolution Martial Arts

UPDATED TERM 2 2024

## WEEKLY IN-TERM TIMETABLE

### Thornleigh Dojo

THORNLEIGH  
COMMUNITY CENTRE

MON & TUES



### Pennant Hills Dojo

PENNANT HILLS  
COMMUNITY CENTRE

THURS & SUN

### Monday

KIDZ 5-9 YRS 5-6PM

CADETS 10-13YRS 6-7PM

CLASSIC KARATE  
14+YRS 7-8PM

YOGA 14+YRS 8-9PM

### Tuesday

KIDZ 5-9 YRS 5-6PM

CADETS 10-13YRS 6-7PM

MMA 14+ YRS 7-9PM

### Thursday

KIDZ 4-6 YRS 4:30-5PM

KIDZ 7-9 YRS 5-6PM

CADETS 10-13YRS 6-7PM

MMA 14+ YRS 7-9PM

### Sunday

CLASSIC KARATE 5-9  
YRS 5-6PM

CLASSIC KARATE  
10+YRS 6-7:30PM